Ways to Improve Reliability

These are things a reliable person does:

- Make explicit any unspoken implied expectation you think is there e.g. say "I'll do (what we talked about) before our next meeting. If there is anything else, we can address it later."
- Make a lot of small promises and then keep them to establish a rhythm and a pattern of reliability If you say you'll bring something, be sure to bring it, if you say you'll be there at a certain time, be there on time. People need to see a pattern of reliability from you.
- Be meticulous about promises (do not under promise or over promise) –
- If something prevents you from keeping your promise, call immediately and make a new promise you can keep. For example, if you say you'll meet at a certain time, be on time or call to reschedule. Of course, you can't do this too often.
- Do not mislead the person.

David Maister, Charles Green, and Robert Galford, The Trust Equation